

# Dial-a-Sweat

## C · O · C · K · T · A · I · L   M · E · N · U

### GRAPEVINE MOJITO

Zesty Tahitian lime, mint and freshly muddled grapes with Cuban rum and a splash of apple liqueur. Served long and strong with lots of ice and mint.

### LEG WARMER

Charred orange syrup, spiced rum, fresh lemon and orange juice and a shake of cinnamon. Served short and frothy with an orange slice.

### FONDA FLICK KICK

Muddled watermelon, vodka, pineapple juice, ginger liqueur and lime. Served martini style with a watermelon chunk.

### SQUAT ON THE BEACH

Orange juice, amaretto, vodka, cherry liqueur and cranberry juice. Served long with ice, cherry and orange.

### LYCHEES IN LYCRA

Muddled lychees, lychee liqueur, banana liqueur, passion fruit pulp and pineapple juice. Served short and foamy with extra pineapple.

### HIGH CUT HENDRICKS

Muddled cucumber, sweet liqueur, lemon juice, Hendricks gin and your choice of soda or tonic. Served tall, loads of ice and cucumber.

*Retrospect*

WORKOUT WITH SHANNON DOOLEY

